

Welcome to the Vance minute. I'm Second Lieutenant Isabel Crump with the Public Affairs Office...

Two Vance student pilots took first and second place in the Twilight Criterium during the Tour de Trykes in Enid, August 16th.

Second Lt. Matt Bell, took first place in the Men's Category Five Criterium race, and Second Lt. Patrick Fausel took second place.

Both men are members of the Vance Cycling Team, which welcomes local riders of all skill levels.

Nine senior NCOs spent two hours giving career advice to 23 Team Vance junior Airmen during a first of its kind "Speed Mentoring" session held August 14th.

Each senior NCO spent five minutes one-on-one with the Airmen, discussing everything from improving personnel records to preparing for promotion boards.

The session was designed to provide a relaxed environment where the senior NCOs could share their experience and knowledge with future enlisted leaders of the Air Force.

That's your Vance Minute...have a great Air Force day.